

# Soccer Shots®



## Fall Season 2013

### What is Soccer Shots?

Soccer Shots® is a uniquely designed program that will introduce soccer to your child in a fun, safe, and controlled environment. Each week, our 30 to 40 minute soccer classes will offer basic soccer skills, fun games, competitions, and prizes to your child. The program also emphasizes character-forming lessons such as respect, honesty, sharing, teamwork, patience, and encouragement.

### What do the classes include?

- Basic soccer skills
- Exclusive Soccer Shots games
- Word of the Day
- Creative, imaginative play
- Fun fitness activities and exercises
- Coordination, balance, and agility development
- Character-building lessons
- Weekly and seasonal prizes

**Why:** Our #1 goal is to leave a lasting, positive impact on every child we serve!

**Who:** All children ages 3-5

**When:** Thursdays at 10:00 AM. Starts September 12<sup>th</sup> – November 14<sup>th</sup>

**Register by:** Friday, September 6<sup>th</sup> to help determine group sizes

**Where:** On site at Avalon Academy

**Cost:** \$100 / 10-week season

**Includes:** Soccer Shots T-shirt & All-Star Certificate

**How:** Register online at <http://houston.ssreg.org>

**Contact:** Director, Coach Alex - 281-253-8338 or [alex@soccershots.org](mailto:alex@soccershots.org)

**Details:** Learn more at [www.soccershots.org](http://www.soccershots.org)



**Search: "Soccer Shots Houston"**



**Alex Woods, Director**

A native Houstonian, Alex graduated from The Kinkaid School and went on to earn a B.S. in Business at Trinity University in San Antonio. His junior year he helped lead the Tigers men's soccer team to a National Championship and would earn First Team All-American honors his senior year. Alex then moved to Dallas to play a season in Major League Soccer for FC Dallas, and then spent three seasons with the Charlotte Eagles of the United Soccer League Second Division. Alex is passionate about coaching kids of all ages and is excited for the opportunity to serve and give back to the youth of his city.

